Video Description

(Dr. David Hood explains the function of the MHRC)

(Graduate students in the lab doing research and using equipment)

(Dr. David Hood explains what happens in the MHRC)

(Graduate Student carrying a lab sample to analyze)

(A professor examining a muscle sample with a microscope)

(Two graduate students analyzing muscle electrical activity during golf)

(Analyzing the golf swing)

(as above)

(Graduate student walking on the treadmill during a VO2max test)

(Body composition analysis using scanning technology)

(Dr. David Hood explains the function of the MHRC)

(Video ends with York University logo)